



SSF ★

Transforming young lives
through sport

CANDIDATE
INFORMATION
PACK

SSF YOUTH PRACTITIONER

2025
CHARITY NO. SC034085

Who we are

Our vision

A world where young people fulfil their potential.

Our mission

We use sport as a catalyst to enable young people to be healthier, more confident and more resilient, so they are better prepared to combat the effects of poverty, trauma and adversity.

What we do

We enable young people, living in challenging environments, to become champions for good in society.

We are

Connecting, listening, and acting.

Educating and enabling others to expand our impact.

Creating spaces for young people to feel safe and welcome.

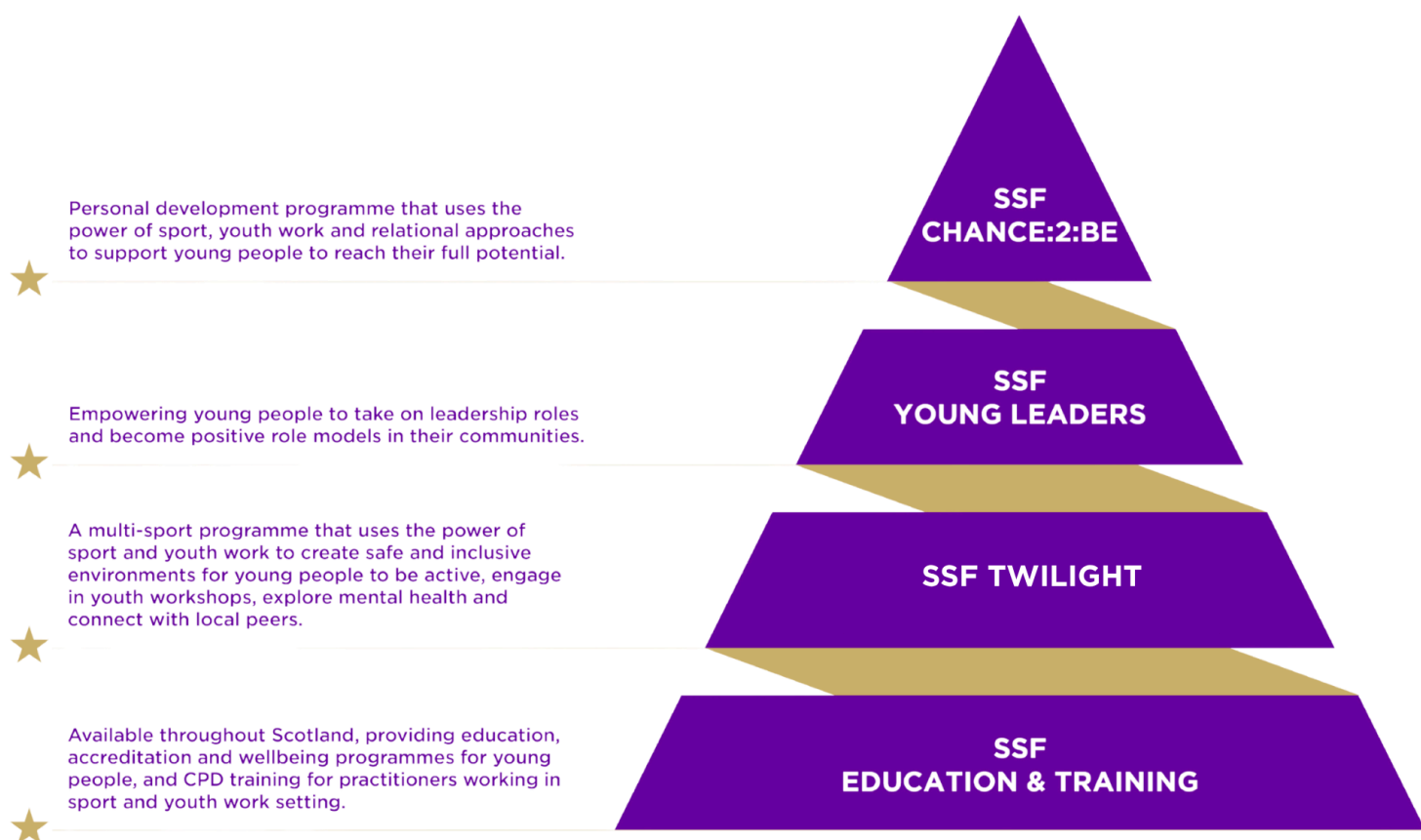
Harnessing the power of sport.

TRANSFORMING YOUNG LIVES THROUGH SPORT



Our programmes

We are working intensively to offer the full SSF "triangle" of provision across four local authorities: Glasgow, Fife, Stirling, and North Ayrshire. In addition, through our SSF Education & Training programme, we provide opportunities for young people across Scotland to take part in training and accreditation, as well as upskilling practitioners working with young people.



Structure of SSF



Values and Benefits

We are proud to have a culture which is inclusive and collaborative, where our people are valued and supported to lead and develop ground breaking initiatives with young people and communities at the heart. The successful candidate will embody SSF's organisational values:

Empathy

We are compassionate, understanding, always listening

Leadership

We are decisive, ground-breaking, experts in what we do

Inclusivity

We are diverse, equitable, Inclusive by design

Passion

We approach our work with dedication, love and care

Benefits of working with SSF:

- Living wage employer
- Staff uniform
- Flexi-working time and TOIL policies
- CPD and training support
- Auto-enrolment pension scheme
- 29 days including public holiday-pro rata
- Access to employee benefit system which includes cycle to work scheme, discounts and employee assistant programme
- Company enhanced leave including sickness, maternity/paternity leave, carers leave, miscarriage, parental bereavement and compassionate leave

The Role

Position:	SSF Youth Practitioner Working on SSF Chance:2:Be programme
Hours:	Tuesday: 10.15am - 3.15pm each week Thursday: 10.15am - 3.15pm each week 10 hours per week Must be available to work both days
Contract:	Fixed Term - 6 Months September 1st 2025 - March 31st 2026
Salary:	£3,942 for 6 months (including 16 hours of paid training)
Based:	Roles available in the following areas: <ul style="list-style-type: none">• Lochgelly, Fife• East End, Glasgow• Braehead, Stirling
Closing Date:	Sunday 13th July 11.59pm



Key Responsibilities

Scottish Sports Futures - Transforming young lives through sport

SSF is a charity that works across Scotland, focusing on creating a world in which every young person fulfils their potential. We use sport as a catalyst to enable young people to be healthier, more confident, and more resilient, so they are better prepared to combat the effects of poverty, trauma and adversity. You can find out more about SSF at: ssf.org.uk

SSF Chance:2:Be Project Outline:

SSF Chance:2:Be is a 24 week intensive personal development programme delivered across Glasgow, Fife, Stirling and North Ayrshire. The programme uses the power of sport, youth work and relational approaches to support young people to reach their full potential. SSF Chance:2:Be offers safe environments for young people who may be struggling to remain in education and offers them opportunity to access group and 1-2-1 support, engage in personal development workshops, set goals, complete accessible training and accreditations.

SSF Chance:2:Be Project Outcomes:

The SSF Chance:2:Be programme uses the combination of physical activity and youth work to support young people to;

- Increase confidence
 - Build resilience and aspirations
 - Improve their learning, employability, and employment options, and progress to positive destinations
 - Develop their personal and physical skills
 - Increase levels of physical activity
 - Improve their mental health and wellbeing
 - Increase connections with the wider community
 - Reduce risk taking behaviour
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Key Responsibilities

Important

Before you skim the job description, please remember you don't have to tick all the boxes for the role to apply. If this role excites you and you believe you could and want, to make a difference then apply or reach out to us to discuss more!

The Role

As a SSF Youth Practitioner you will provide a high-quality personal development programme for a group of young people who require needs-based support to help them reach their potential.

The SSF Chance:2:Be model puts young people's passions and strengths at the heart of their development to help them thrive. We need someone who is deeply committed to changing the life chances of young people and has the energy, empathy and adaptability to deliver the support young people deserve to thrive.

You will have experience of delivering personal development programmes for young people, delivering physical activity and youth work sessions that are inclusive, accessible and person centred.

We are looking for individuals who are positive, empowering and want to use the power of sport and youth work to make a difference for young people in Scotland.

You will work towards the SSF goals of;

- Developing People
- Improving Health and Wellbeing
- Strengthening Communities

Skills Development:

- To deliver a group personal development programme for young people Glasgow/North Ayrshire/Stirling/Fife, making adaptations where appropriate and required.
- To design and deliver engaging workshops aimed at developing essential life skills such as communication, teamwork, leadership, problem-solving, and decision-making.
- To support with the delivery of youth accreditations for young people
- To support with the planning and delivery of educational trips/excursions for young people
- To deliver mental health and wellbeing workshops with young people
- To design and deliver issue-based youth work topics

Sport and Physical Activity

- To organise and lead sports activities or recreational programs to promote physical activity, mental wellbeing, resilience, and teamwork.

Monitoring and Guiding

- To deliver a service for young people which person centred and embed the principles of trauma informed practice.
 - To provide mentorship and guidance to young people, helping them navigate various challenges they may face in their personal lives, education, or career paths.
 - To establish, build and maintain positive relationships with young people from the community.
 - To motivate, encourage and support young people to participate in all sessions.
 - To listen and consult regularly with young people and provide them with choice and voice.
 - To support with mediating conflicts and disputes among youth to promote peaceful resolutions and teach constructive conflict management skills.
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Community Engagement

- To support with facilitating community involvement and volunteer opportunities for young people to develop a sense of social responsibility and contribute to their community positively

Role Modelling

- To be a positive role model and mentor for young people, exemplifying the SSF values; Empath, Leadership, Inclusivity and Passion
- Represent SSF in a professional manner at all times, maintaining relationships with local partners, providers, schools & networks reaching all children, young people and families who need us most;

Monitoring and Evaluation:

- To complete weekly registers and session evaluations and submit online to line manager.
- To support with the monitoring the progress and outcomes of the programme and activities, collecting feedback from participants, and evaluating the effectiveness of the programme to make necessary adjustments for improvement.

Health and Safety

- To comply with all SSF policies and procedures, including health and safety and child safeguarding procedures, ensuring all services are delivered safely, with dignity and in compliance with appropriate procedures to safeguard children and vulnerable adults.

Training and Development

- Contribute to your own CPD by attending quarterly organised training courses.
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Person Specification

Personal Qualities

- Empathetic
- Passionate
- Inclusive
- Patient
- Adaptable & Flexible
- Caring
- Relatable/Lived Experience
- Approachable
- Effective Communicator
- Team worker

Essential Skills, Knowledge & Experience

- Knowledge, understanding and awareness of poverty and its affects.
- Be in possession of PVG membership or willing to become a member
- Be in possession of a relevant youth work or sports certificate, diploma, degree qualification or relevant experience
- Knowledge and experience of facilitating and delivering youth work sessions and applying the youth work principles to delivery

Person Specification

Desirable Skills, Knowledge & Experience

- Understanding and experience of child safeguarding
- Understanding and awareness of trauma and TIP
- Knowledge and experience of managing conflict and supporting young people who are involved in conflict
- Understanding and familiarity with the following acts: Equality act, data protection, UNCRC, GIRFEC, youth work principles
- Experience in applying a person-centred approach to coaching
- Experience of working with young people with physical, sensory & cognitive disabilities
- Experience delivering Hi5 and DYA awards to young people
- First aid qualification
- Experience of carrying out risk assessments
- IT Skills including MS office and digital forms
- Experience of collecting data and carrying out monitoring and evaluation
- Knowledge and experience of supporting youth mental health
- Knowledge and experience of delivering community personal development programmes for young people.
- Knowledge and experience of delivering community grassroots sport programmes for young people
- Full UK Driving Licence

How to Apply

To apply for this post, please submit a CV highlighting your skills and experience with attached cover letter. Your cover letter should include why you are passionate about this position and your relevant knowledge and experience including examples of your work.

Please relate this to the key responsibilities and person specification highlighted in this job back. CV's and Cover Letter should be no longer than one side of A4 (each).

If there is anything we can do to make your application or interview process more accessible please get in touch with recruitment@ssf.org.uk. The examples could include, but are not limited to: video application, BSL interpreter, interview coach and remote interview.

The **closing date** for applications is **Sunday 13th July 11.59pm.**

Completed applications and CV's should be sent to:
recruitment@ssf.org.uk.

From there, if your application is shortlisted, we will invite you to attend a interview. Glasgow, Fife and Stirling stage 1 interviews will take place Thursday 17th July.

For discussion about the role, or for any additional information, please contact:

Roles in Fife & Stirling

Neal Herbert
neal@ssf.org.uk
[07598580515](tel:07598580515)

Role in Glasgow

Alistair Neil
alistair@ssf.org.uk
[0791 276 0275](tel:07912760275)

Guidance

The information you supply in your CV will enable the interview panel to decide whether to invite you to an interview. Before you submit your CV, please read the guidance notes below.

Your application

Read all the information about the job which is provided in the information pack. Whilst all sections may not be relevant to you personally, you should complete your CV and cover letter detailing all your relevant knowledge and experience. Tell us about any education and training that you have received, as well as any relevant experience in your present or previous jobs. If you have other experience out with paid jobs, tell us about the skills and knowledge you have gained from that too.

Referees

Please give details of two referees. One referee must be your current or most recent employer. The nominated referees should be someone with line management responsibility who has supervised your work, a university or college tutor, or a person within the Human Resources department within the organisation/company. We will not accept personal references.

Referees will not be approached prior to interview.

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