



scottish sports *futures*

## Impact Report 2021/2022

A black and white photograph of a young person with long hair, wearing a grey hoodie, holding a large orange rectangular sign in front of their chest. The sign contains the title 'Changing Lives Through Sport' in white text.

# Changing Lives Through Sport

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# Welcome

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I want to open by acknowledging how exceptional our team are, they have not stopped and are working tirelessly supporting young people into **positive destinations**. Our new infrastructure is allowing us to be truly **placed based** together with amazing partners. The young people we work alongside are progressing through our programmes as well as into community provision, back into school, jobs, training programmes and some are volunteering as newly recruited SSF Young Leaders and frankly, are set to change the world.

We always strive for excellence and are **doing the best we can, where we are, with what we have**.

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What another fantastic year it has been here at SSF! As always, it has been amazing to witness and to hear of the great work being delivered by our staff and volunteers. However more importantly hearing the impact our sessions have on young people and families across Scotland is something heart-warming and special.

This year we have continued to expand and deliver high quality programmes across Scotland, continuing to tackle issues prevalent to them and their communities through sport. After a global pandemic we recognise the impact, it has had on our service users and ensure our sessions are more than just sports. We focus on mental health and wellbeing and ensure a person-centred approach is delivered for everyone to get the most out of the work we do. Each year I continue to be in awe of the work delivered and the impact generated, and this year has been no different. **My huge gratitude and thanks go to all our staff, volunteers and partners** to help us achieve this.

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Scottish Sports Futures have positioned themselves as a **leader and innovator** in the 'sport for change' landscape by creating an organisation that works together as a team, utilising the strengths of all involved. Leading the way dealing with Adverse Childhood Experiences (ACEs) and trauma and sport, we support those most in need.

We always ensure that our work is led by the youth voice, and that voice is heard by everyone. Working at a strategic level, using all our great connections, we continue to plan through our learning from the amazing work carried out in our communities.

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**Kirsty McNab**  
**CEO**



**Andrew Marley**  
**Youth Director**



**Maureen McGonigle**  
**Chair**

# Our Charity

## Our Vision

A world where young people have the opportunity to fulfil their potential.

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## Our Mission

SSF use the power of sport and physical activity to engage with vulnerable and disadvantaged young people and families in Scotland and empower them to be confident, healthy and happy.

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## Our Why

We work to combat the effects of living in poverty and buffer against trauma and adversity. Focused in the most challenged communities, we are privileged to work alongside exceptional young people who may not be engaged in education, training or positive activity.

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## Our Focus

SSF delivers timely, person-centered support and effective interventions, improving life chances for young people and their families in areas of deprivation across Scotland.

All of our programmes are:



**Developing  
People**

**Strengthening  
communities**

**Improving  
Health and  
Wellbeing**

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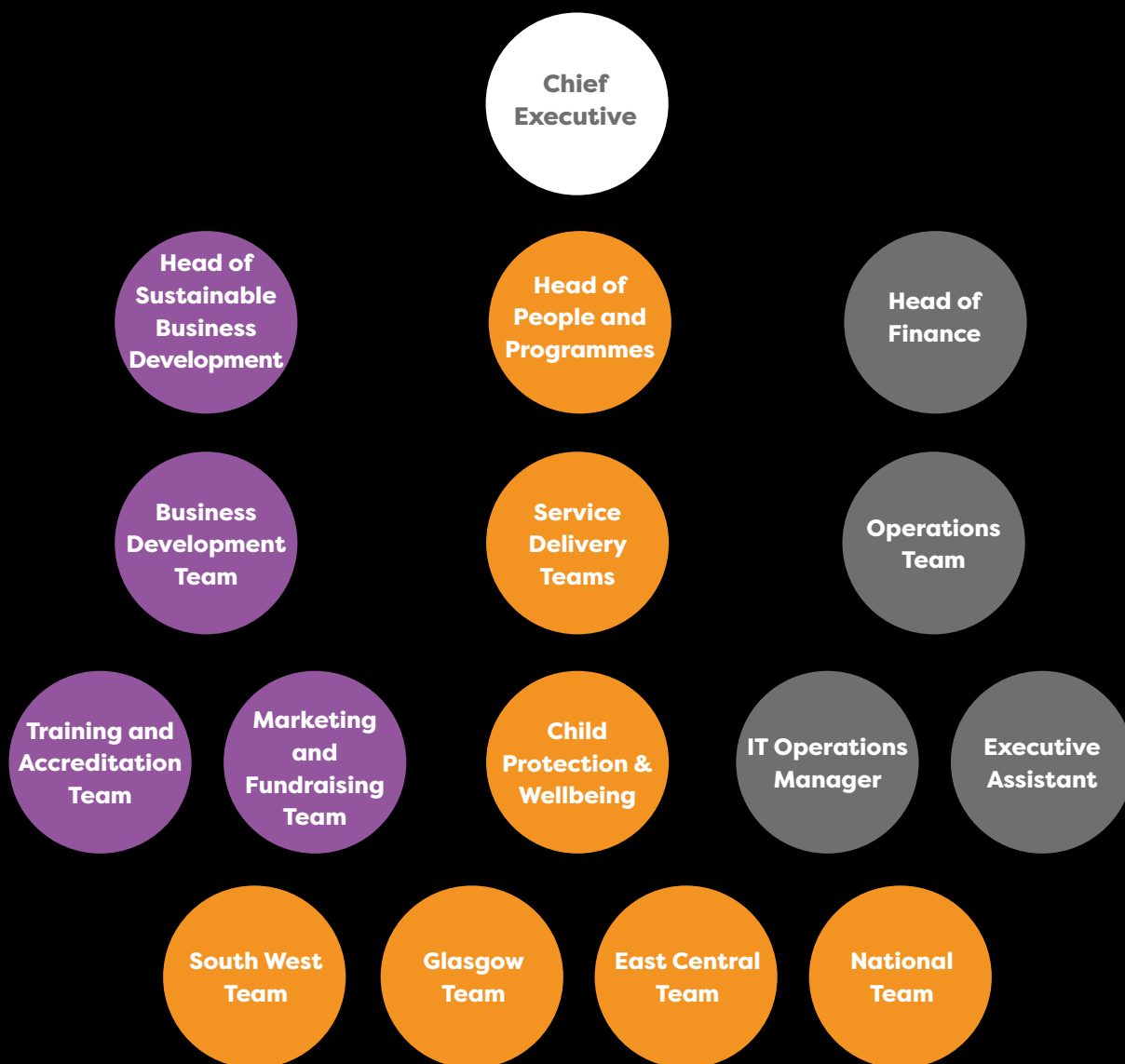


“You're probably the only  
people who care about us.”  
SSF Young Person

## Our Programmes



# Our Team





# Our Approach

**We put Young People at the centre of everything we do**

## How

- > Consultation
- > Safe spaces
- > Assessing needs
- > Tailored support

## What

We increase aspirations, confidence and life chances.

We provide hope, a sense of belonging all with love, care and empathy.

## Effective Partnership Working

We work alongside many partners to develop our practices, young people and staff



## Progression & Development

- > Personal Development Plans
- > Training, learning and employment opportunities
- > Mentor young people into wider services
- > Monitor and evaluate progress
- > Ensuring young people are working towards their positive destinations

## Increased Needs

- > The level of work has intensified
- > Wellbeing concerns and child protection
- > Providing dedicated services for smaller groups of young people to meet their needs

## Trauma-Informed Practice

- > Build relationships
- > Create safe environments
- > Creation of ACEs and Mental Health modules
- > Support and teach emotional regulation
- > Removing barriers

# Our Outcomes

“I can't believe the change in X, the rapport you have all built with him is just amazing. He is so much more confident in himself and the future - thank you!”

Referring Partner

86%

Young people feel more resilient

98%

Young people report an increase in their skills

96%

Young people increased their confidence

84%

Young people feel their contribution, links with communities, and social interaction are improving

93%

Young people improve their health and wellbeing against SHANARRI

89%

Young people made positive changes in behaviour

55%

Participants have increased motivation to positively influence what happens in their community

160

Young people take on a volunteering role

130

Young people achieved positive destinations



# Our Year

## LOVE, CARE, AND EMPATHY

## Over the past year we have:

860

Young People

485

Male

322

Female

3

Non-Binary

27

Local Authorities

23%

Identified as having a disability, impairment, or mental health condition

62%

From 20% most deprived communities

8%

Identified as being of an ethnic minority

### Delivered creative and innovative community sport

and youth work programmes nationally for young people across Scotland.

### Worked with SAMH

(Scottish Association for Mental Health) to create a new training module for practitioners: Mental Health and Wellbeing in Sport & Physical Activity.

### Provided food and health and wellbeing packs

to young people and families in a dignified way and have these available at SSF sessions.

### Offered a blended approach to delivery

utilising digital and online platforms and face-to-face activity, to widen our reach and offer training online.

### Grown our sessional staff delivery team

to meet the needs and demands of our young people and communities.

### Worked in partnership

we could not have achieved what we have in the last year without our incredible partners.

### Upskilled sport and physical activity sector practitioners

on how to adopt a changing lives through sport approach.

### Worked with the Scottish Violence Reduction Unit

Children 1st and the Trauma, Adverse Childhood Experiences (ACEs) & Resilience Unit team within Scottish Government to create a new training module for practitioners; Human Connection and Adverse Childhood Experiences.

### Continually asked and listened to young people

to ensure we design and deliver programmes that are based on **need**.

### Provided person centred environments

for young people and families to be active and receive support as we recover from Covid.

### Provided Education Through Cashback tutor training

to National Governing Bodies of sport supporting them to embed training and accreditation within their organisation.

### Provided bespoke programmes focusing on:

> Personal development

> Education

> Mental health and wellbeing

> Youth leadership

> Sport and Physical activity

A black and white portrait of a young man with short, dark hair and glasses. He is wearing a dark-colored hoodie with a visible drawstring. The background consists of vertical metal bars, suggesting an institutional or secure setting. The lighting is soft, coming from the side, creating a slight shadow on his face.

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“SSF is a place  
where friendships  
are made around  
every corner  
with people  
you can trust”.

Liam

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# Developing People

## Liam's Story

### THE IMPORTANCE OF LOVE, CARE, AND EMPATHY

Liam (13) was initially referred to SSF after struggling in primary school. He lacked confidence and would avoid trying new things.

SSF Youth Workers supported Liam to engage in physical activity encouraging him to try different sports.

Building trusting relationships with the staff was key to Liam addressing his Mental Health and Wellbeing and developing tools for coping so much so that the SSF sessions were the highlight of his week:

**"I never knew that I was good at Basketball, I normally sit at the side when we play it at school. I'm actually pretty good at it! Can we do this every week".**

Liam then learned that there were other clubs which he could take part in to develop his love and skills for basketball and leadership. He now attends four different clubs each week and has a newfound confidence which has been noticed by all.

**"Liam's behaviour has dramatically changed, his confidence has grown, he now understands the benefits of sport and physical activity, and how to better support his own mental health. While his full outlook on life has changed for the better, he is now happier, created more of a social circle and is more positive for his future."**

**Hana Nasser, SSF Youth Development Co-ordinator (Mental Health)**

It was clear for everyone to see that Liam's behaviour and coping mechanisms dramatically changed, his confidence has grown, he now understands the benefits of sport and physical activity, and how to better support his own mental health. While his full outlook on life has changed for the better, he is now happier, created more of a social circle and is more positive for his future. Liam now wants to give back to his community and to SSF as it helped him get to the stage he is at now. He has now joined the SSF Young Leaders Programme, as he would like to become a positive role model within wider SSF programmes and also is now aspiring to become a Fire Fighter.

## Liam's Outcomes:

**Improved  
confidence**

**Improved  
physical & mental  
wellbeing**

**Strengthened  
support  
networks**

**Positively  
contributing to  
his community**



Click here to  
**Watch  
Aiden's  
video**



# Developing People

## Aiden's Story

### THE IMPORTANCE OF LOVE, CARE, AND EMPATHY

"Aiden has been involved in gang behaviour in the local area and family have moved to ensure Aiden's safety. He has indicated he may be at risk when travelling to and from school .... Aiden may also be using cannabis and alcohol."

#### Referring Partner

**Aiden, Glasgow, joined SSF after being stabbed due to gang violence. He was withdrawn from school and wanted to develop better habits to help him reach his positive destination.**

Apprehensive at first, SSF staff established Aiden's trust by taking the time to understand his fears. Staff worked with him to find the following solutions: providing transport ensured he got to and from sessions safely, bringing in Police Scotland educated him on knife crime allowing him to understand the negative consequences and finally, building a relationship with Aiden's mum ensured she was part of his new journey.

Dedicated to turning his life around, Aiden never missed a session and gained four formal accreditations. SSF staff supported Aiden to explore what he was interested in learning about which would help him in the future. SSF encouraged Aiden to enrol in the Celtic Foundation Programme where he gained further qualifications and experiences. Since completion, Aiden continues to work on his personal development with FARE. Aiden has made great steps to turn his life around.

"Aiden has been an absolute pleasure, his openness and enthusiasm for sport shines. We will continue to support Aiden's personal development, ensuring he feels safe in his community again."

**Ahmed Mumin, SSF Youth Development  
Co-ordinator (Glasgow)**

## Aiden's Outcomes:

Improved  
confidence

Reduced risk  
taking behaviour

Built resilience  
and aspirations

Strengthened  
support networks



Click here to  
**Watch  
Megan's  
video**

# Improving Health & Wellbeing

## Megan's Story

### THE IMPORTANCE OF LOVE, CARE, AND EMPATHY

**Megan (14) was regularly involved in fights and skipping school due to low self-esteem and anxiety. As a result, her learning and relationships have suffered. Before becoming involved with SSF, Megan, by her own admission, did not care much about her future prospects.**

Megan was the first participant to attend the newly launched SSF sessions in Fife in May 2021 and from here her aspirations, confidence, and self-esteem were slowly built upon. She has made a conscious effort to focus on building her confidence and taking herself out of her comfort zone.

Megan is now in a position where she is setting employment goals. SSF's Youth Workers have provided a safe and encouraging environment where all young people are treated with **love, care, and empathy**. It is this approach that has supported Megan to feel more positive about her future for the first time.

**"You know that day we sat down and looked at college courses? It really motivated me to do well in school, because I want to be a child minder and go to college next year. Cheers for that."**

The programmes have also introduced coping mechanisms to aid her anxiety, and Megan has expressed how useful it has been to learn about breathing techniques and understanding what her triggers are. The biggest changes she has experienced are being able to control her anger better, attending classes more at school, and improved confidence. This has been noticed by not only staff members but also Megan herself.

**"I'm more able to control my anger. I don't get into as many fights anymore."**

Megan has expressed how she has been able to trust for the first time and is grateful for **"actually having someone to talk to"** and confide in. In the future she wants to go to college to become a child minder. She is focused on what she needs to do to get there and is now feeling positive about her future.

## Megan's Outcomes:

Improved  
employability  
options

Increased  
attainment

Improved health  
& wellbeing

Improved  
confidence





“I didn’t think I  
could have done  
that before”.

Nicholas

# Improving Health & Wellbeing

## Nicholas' Story

### THE IMPORTANCE OF LOVE, CARE, AND EMPATHY

**Nicholas became involved with SSF programmes due to concerns around the lack of engagement and attendance in school. Suffering from low confidence, resilience and self-esteem, Nicholas had become socially isolated and very rarely left his house.**

It took Nicholas 12-weeks to build trust with the SSF staff having attended one of the programmes. SSF staff continued to support Nicholas by working on his confidence and relationship building skills which eventually led him to engage with the wider group and start to push his boundaries by stepping out of his comfort zone.

“It has been great to see the change in Nikky. From being a young person who had barely left the house in two years, to where he is now, having not missed a session and seeing him getting involved in everything, he is so much more confident and chattier.”

**SSF Youth Worker, 2022**

Nicholas has now achieved 7 formal qualifications and taken part in continuous improvement workshops, thus developing his employability skills. As well as this, he has grown in confidence and regularly delivers activity sessions within the programme to his peers.



## Nicholas' Outcomes:

Increased  
physical activity

Increased  
attainment

Increased  
confidence

Improved  
employability  
options





# Strengthening Communities

## Partnership spotlight on Govan Youth Information Project (GYIP)

**Our work would not be possible without the support of our local and national partners. We recognise that to achieve the greatest impact we must work together to maximise resource, learning and share experience.**

The Govan Youth Information Project (GYIP) have been a valued partner, supporting a number of SSF programmes. Based in Govan, targeting young people, GYIP and SSF work towards achieving a similar mission, putting young people at the heart of everything. We both develop young people to empower them to be healthy, happy and confident whilst supporting them towards their positive destinations.

Over 200 young people have benefitted from this partnership. GYIP provide their knowledge and expertise of the types of barriers, challenges, and poverty which young people in Govan face daily. This has allowed us to shape our programmes to ensure we are addressing the needs of local young people across all of our sessions.

**“Together SSF and GYIP have built young people’s confidence and self-esteem. There is a consistent team here every week which helps to build rapport and trust with the young people - This is why it works!”**

As a result of this partnership, young people have been able to experience going on a number of trips (e.g. Auchengillan, Belfast), providing quality lifetime experiences for our young people to enjoy.

**“It’s one of the best partnerships we have ever had because both organisations have something to give. We are always supporting each other and evolving the programmes to suit the needs of the young people.”**

**“The quality of the service is excellent. The programmes are thought-out, and it’s proven to be a success.”**

**“This partnership gets the best out of the young people who GYIP wouldn’t have gained access too in the past... Its great that we are reaching young people who we have struggled to reach.”**

**“If you want to join a team who actually makes a difference – join SSF!”**

**“Meeting the SSF staff has been a personal highlight, lots of staff with different qualities and skills to bring.”**



# Our Finance

| 2021/22                                  | Actual(£)      | Target(£) | Variance(£) |
|--|----------------|-----------|-------------|
| Delivery Staff Costs                     | 230,665        | 228,682   | 1,983       |
| Sessional Costs                          | 46,472         | 55,870    | 9,398       |
| Training & Development                   | 14,554         | 55,467    | 40,913      |
| Delivery-Project resources and materials | 25,205         | 26,816    | 1,611       |
| Delivery- Events                         | 33,338         | 53,394    | 20,056      |
| <b>Total Project Activity</b>            | <b>350,234</b> | 420,229   | 69,995      |
| Management and Marketing                 | 43,255         | 43,255    | -           |
| External Evaluation                      | 11,667         | 11,668    | 1           |
| <b>Total Expenditure</b>                 | <b>405,156</b> | 475,152   | 69,996      |

# Our Reach

## 11%

Increase Twitter followers

## 879,000

Twitter impressions

## 18%

Increase Instagram followers

## 32,904

Website views

## 9.6%

Increase Facebook followers

## 43,157

Facebook reach

## 28%

Increase LinkedIn followers

# Our Communications

Over the last year we have used social media to:

- > Reach out and support our young people during lockdowns
- > Recruit for exciting new positions
- > Connect with our partners, participants, funders and staff
- > Demonstrate our impact and reach across our four local authorities
- > Promote newly launched and existing sessions along with partners
- > Engage in key external campaigns such as: Kiltwalk, Giving Tuesday, No Wrong Path and Sport Hour
- > Share key learning, successes and case studies: Thanks to Funders month, Good News Friday's and E-newsletters



## Support

We are incredibly grateful to receive continued support from both Loop PR and **sportscotland** around our communications and marketing.



# Our Recognition

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## Press Coverage

### **SSF Families**

**Ministerial Visit for Scottish Women and Girls in Sport Week 2021**

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### **SSF Chance:2:Be**

**'Your Pay Your Way' Partnership, 2021**

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### **SSF Chance:2:Be**

**Success in Govan, 2021**

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### **Shell Twilight**

**Lochgelly Session Extended, 2021**

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## Awards

We are proud to have been recognised nationally for continuing our mission of Changing Lives Through Sport

**Scottish Women in Sport Awards – QTV Power of Sport WINNER**

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**Evening Times Awards: Nomination Jamie-Lee**

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**Glasgow Business Awards: Health and Wellbeing award FINALIST**

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# Our Education & Training

SSF can support practitioners, schools, and organisations to improve outcomes for children and young people impacted by poverty, with a focus on tackling poverty-related attainment.

We will work with you to create a bespoke package designed to:

## IMPROVE HEALTH & WELLBEING

**SSF Wellbeing Workshops** are designed in partnership with SAMH, by young people for young people aged 11-25 to improve health and wellbeing.

Each workshop uses a series of physical activities to explore mental health & wellbeing and highlight the importance of being physically active for overall wellbeing.

## INCREASE SKILLS & CONFIDENCE

**SSF Chance:2:Be** is a personal development programme aimed at young people who are not engaging in education, training or employment. Offering an alternative and safe environment to increase attainment by exploring challenges, setting goals and completing training and accredited learning.

## INCREASE ATTAINMENT WITH SCQF ACCREDITED LEARNING

**Education Through Cashback** is a series of SCQF accredited modules. They empower young people to shape their learning and develop confidence and transferable skills to take back into their communities.

**For further information and to discuss your requirements, please contact [Jude@ssf.org.uk](mailto:Jude@ssf.org.uk)**

“Participation in SSF Chance:2:Be has been so positive for him overall and we have really seen a much more mature pupil inschool. Thank you for all that you are doing to support him.”

**Glennifer High School**



“An inclusive organisation with high standards and the best interests of young people at heart.”

**SSF Stakeholder**





# Our Future Plans and Priorities



Understanding the needs, trends, who we are and why we are best placed to do the work.

It is our vision that we continue to be reflective of the communities we serve and everything we do encompasses diversity, inclusion and lived experiences.

## In 2022/23...

- > We will **continue to be sector leaders and for the first time hold a conference and learning event to influence change and upskill practitioners**
- > We will **have gathered a robust evidencing of need and trends, thanks to Glasgow University Find a Solution Programme**
- > We will **have externally evaluated our work carried out by University of the West of Scotland**
- > We will **continue to collaborate with our local authority partners together to address local need**
- > We will **work using education to improve outcomes for children and young people impacted by poverty, with a focus on poverty related attainment gap**
- > We will **continue to invest in our people through: staff training and development opportunities, staff wellbeing, and overall being a people-led organisation**
- > We will **have a new dedicated child protection and wellbeing manager in place, thanks to sportscotland**
- > We will **continue to work with local and national partners on the mental health agenda and deliver initiatives to support young people's mental health.**
- > We will **continue to take a trauma informed approach to delivery**
- > We will **continue to learn and develop to become a trauma informed organisation.**
- > We will **continue to invest in our people through: staff training and development opportunities, staff mental health and wellbeing, and overall being a people-led organisation**
- > We will **continue to work alongside our young people and partners to create the next version of our strategy for 2023-2026**



# SAVE THE DATE

## Conference

**23rd/24th Feb 2023 | Radisson Blu Hotel**

Developing People, Improving Health & Wellbeing,  
Strengthening Communities

Translating research on current post COVID needs/trends and positive ways  
and practical examples how to use the power of sport to change lives.

## Annual Awards

Sponsored by **sport**scotland

**24th Feb 2023 | Radisson Blu Hotel**

Drinks, dinner, dancing and an evening celebrating  
inspiring young people.



# Our CashBack Outcomes Data

|   | 2020/21  |
|---|--|
| <b>Young people improve their confidence</b> <ul style="list-style-type: none"> <li>&gt; Young people report increased confidence</li> <li>&gt; Young people report they are able to do new things</li> <li>&gt; Young people feel more resilient</li> <li>&gt; Other stakeholders report increasing confidence and resilience in young people</li> <li>&gt; Young people report positive support networks</li> <li>&gt; Young people report positive changes in behaviour</li> <li>&gt; Other stakeholders report perceived positive changes in behaviour of young participants</li> </ul>   | 824<br>824<br>735<br>94%<br>746<br>747<br>98%  |
| <b>Young people develop their physical and personal skills</b> <ul style="list-style-type: none"> <li>&gt; Young people increase personal skills, achieving accredited learning</li> <li>&gt; Young people report an increase in their skills*</li> <li>&gt; Other stakeholders report skills increasing in young people</li> </ul>   | 689<br>840<br>98%                              |
| <b>Young people's health and wellbeing improves</b> <ul style="list-style-type: none"> <li>&gt; Young people improve health and wellbeing against SHANARRI indicators</li> <li>&gt; Other stakeholders report perceived increases in SHANARRI</li> </ul>  | 803<br>96%                                     |
| <b>Young people participate in activity which improves their learning, employability, and employment options (positive destinations)</b> <ul style="list-style-type: none"> <li>&gt; Young people achieve positive destinations</li> <li>&gt; Young people improve school attendance</li> <li>&gt; Young people improve school attainment</li> </ul>  | 130<br>222<br>298                              |
| <b>Young people contribute positively to their communities</b> <ul style="list-style-type: none"> <li>&gt; Young people take on a volunteering role</li> <li>&gt; Number of hours of volunteering by young people</li> <li>&gt; Number of community focussed awards gained by participants</li> <li>&gt; Young people feel their contribution, links with communities, and social interaction are improving</li> <li>&gt; Other stakeholders perceive improvement in young people's contribution, links and social interaction</li> <li>&gt; Participants have a heightened sense of belonging to a community</li> <li>&gt; Participants have increased motivation to positively influence what happens in their community</li> </ul> | 160<br>4674<br>177<br>720<br>96%<br>523<br>474 |
| <b>Young people are diverted from criminal behaviour or involvement with the criminal justice system</b> <ul style="list-style-type: none"> <li>&gt; Young people report own participation in anti-social and/or criminal behaviour has reduced</li> <li>&gt; Young people feel less inclined to participate in anti-social and/or criminal behaviour</li> </ul>  | 154<br>188                                     |



# Our Equalities Data

Being inclusive is one of SSF's core values. We gather equalities data, alongside direct consultation, to allow us to better understand the communities we work in, and ensure our services are open, safe, and inclusive for all.

## Age

|               |     |
|---------------|-----|
| 10 – 15 Years | 60% |
| 16 – 18 Years | 34% |
| 19 – 24 Years | 7%  |

## SIMD profile

|                            |     |
|----------------------------|-----|
| 0 – 5% (Most deprived)     | 13% |
| 0 – 10%                    | 33% |
| 0 – 20%                    | 62% |
| 0 – 30%                    | 75% |
| 0 – 40%                    | 85% |
| 0 – 50%                    | 96% |
| 50 – 100% (Least deprived) | 4%  |

## Sex identity

|                              |     |
|------------------------------|-----|
| Male                         | 56% |
| Female                       | 37% |
| Non-binary                   | <1% |
| Prefer not to say            | <1% |
| Don't know                   | -   |
| Did not consent to breakdown | 5%  |

## Gender reassignment

|   |     |
|---|-----|
| Does gender differ from that assigned at birth? |     |
| Yes   | 1%  |
| No  | 69% |
| Prefer not to say                               | 1%  |
| Don't know                                      | 1%  |
| Did not consent to breakdown                    | 29% |

## Sexual orientation

|                              |     |
|------------------------------|-----|
| Heterosexual / Straight      | 67% |
| Gay / Lesbian                | 1%  |
| Bisexual                     | 2%  |
| Other                        | <1% |
| Prefer not to say            | 2%  |
| Don't know                   | 1%  |
| Did not consent to breakdown | 27% |

## Disability, impairment or mental health condition

|   |     |
|---|-----|
| Total young people reporting a disability, impairment and/or mental health condition* | 23% |
| Vision  | <1% |
| Hearing   | <1% |
| Mobility  | <1% |
| Dexterity   | -   |
| Learning, understanding, or concentrating   | 9%  |
| Memory  | 1%  |
| Stamina, breathing or fatigue   | 1%  |
| Social or communication   | 2%  |
| Behavioural   | 2%  |
| Mental health   | 3%  |
| None of the above   | 53% |
| Other   | 2%  |
| Prefer not to say   | 1%  |
| Don't know  | 1%  |
| Did not consent to breakdown  | 29% |

## Religious beliefs

|                              |     |
|------------------------------|-----|
| None                         | 49% |
| Church of Scotland           | 7%  |
| Roman Catholic               | 10% |
| Other Christian              | 2%  |
| Muslim                       | 2%  |
| Buddhist                     | <1% |
| Sikh                         | <1% |
| Jewish                       | -   |
| Hindu                        | -   |
| Pagan                        | -   |
| Other religion               | <1% |
| Prefer not to say            | 1%  |
| Don't know                   | 1%  |
| Did not consent to breakdown | 28% |

## Ethnicity

|  |     |
|--|-----|
| Total young people from a minority ethnic group (including white minority ethnic groups)** | 8%  |
| White - Scottish   | 77% |
| White - Other British  | 4%  |
| White - Irish  | <1% |
| White - Gypsy/traveller  | <1% |
| White - Polish   | 1%  |
| White - Other  | <1% |
| Mixed or multiple ethnicity  | 1%  |
| Asian, Asian Scottish, or Asian British - Pakistani  | 1%  |
| Asian, Asian Scottish, or Asian British - Indian   | <1% |
| Asian, Asian Scottish, or Asian British - Bangladeshi                                      | -   |
| Asian, Asian Scottish, or Asian British - Chinese  | <1% |
| Asian, Asian Scottish, or Asian British - Other  | <1% |
| African - African, African Scottish, or African British                                    | 1%  |
| African - other African ethnicity  | <1% |
| Black, Black Scottish or Black British - Caribbean   | <1% |
| Black - Black, Black Scottish or Black British   | <1% |
| Black - other Black ethnicity  | <1% |
| Arab, Arab Scottish, or Arab British   | <1% |
| Other ethnic group   | <1% |
| Prefer not to say  | <1% |
| Don't know   | -   |
| Did not consent to breakdown   | 12% |

## Marital and civil partnership status

|                              |     |
|------------------------------|-----|
| Single                       | 28% |
| Married                      | -   |
| In a civil partnership       | <1% |
| Divorced                     | -   |
| Separated                    | -   |
| Widow                        | -   |
| Other                        | 25% |
| Prefer not to say            | 6%  |
| Don't know                   | 1%  |
| Did not consent to breakdown | 40% |

## Marital and civil partnership status

|   |     |
|---|-----|
| Not pregnant                            | 59% |
| Pregnant                                | -   |
| Has been pregnant within last 12 months | <1% |
| Prefer not to say                       | 1%  |
| Don't know                              | 1%  |
| Did not consent to breakdown            | 40% |

\* Note that young people may report more than one condition listed and so percentages against each disability will not combine to give the overall total. This figure is the total young people reporting any one or more disability, impairment, and/or mental health condition overall. This statistic excludes 'prefer not to say' and 'don't know' responses, and those who did not consent to their data being gathered for this purpose.

\*\*For analysis purposes, we have grouped all categories other than 'White (Scottish)' and 'White (Other British)' as ethnic minority. This statistic excludes 'prefer not to say' and 'don't know' responses, and those who did not consent to their data being gathered for this purpose.

# Local Authority Breakdown

| The Local Authority   | Investment | New Participants |
|-----------------------|------------|------------------|
| Aberdeen              | £487       | 2                |
| Aberdeenshire         | £244       | 1                |
| Angus                 | £1,461     | 6                |
| Argyll and Bute       | £244       | 1                |
| Clackmannanshire      | £1,218     | 5                |
| Dumfries and Galloway | £731       | 3                |
| Dundee                | £731       | 3                |
| East Ayrshire         | £2,192     | 9                |
| East Dunbartonshire   | £974       | 4                |
| East Lothian          | £244       | 1                |
| East Renfrewshire     | £673       | 2                |
| Edinburgh             | £1,949     | 8                |
| Falkirk               | £244       | 1                |
| Fife                  | £54,100    | 94               |
| Glasgow               | £15,461    | 244              |
| Highland              | £731       | 3                |
| Midlothian            | £731       | 3                |
| Moray                 | £731       | 3                |
| North Ayrshire        | £88,746    | 139              |
| North Lanarkshire     | £50,418    | 207              |
| Perth and Kinross     | £487       | 20               |
| Renfrewshire          | £1949      | 8                |
| Scottish Borders      | £2923      | 12               |
| South Ayrshire        | £731       | 3                |
| South Lanarkshire     | £2,679     | 11               |
| Stirling              | £21,048    | 28               |
| West Lothian          | £9,495     | 39               |

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